





#### **PROGRAM OVERVIEW**

Leaders Choice Soft Skill Training Club offers an extensive One day course which will enable the learners to gain practical insights in Positive Leadership, Vision building and Stress management.

Our activity based training will provide a variety of experience and thought provoking concepts to the participants.

#### WHY THIS COURSE?

- Increase your Leadership skills & Positivity
- Improve Power of visualization
- Use Leadership strategies and stress busters to bring out your maximum potential

## HIGHLIGHTS

- Participants will be able to understand the Leadership strategies and increase their power of visualization
- The activity based exercises provide real time situations and the right way to deal them
- Extensive coverage of Positive thinking, the new generation techniques and stress management
- Focus on Positive thinking and Team work with meaningful Professional growth and insights
- Course delivered by experienced professional trainers from various organizations







## TARGET AUDIENCE

- Corporate managers/Employees
- Professors
- Teachers
- P.G. program students
- U.G. program students
- HSE students

#### OUTCOME

The participant will be able:

- > To understand and use new leadership strategies for better decision making.
- > To handle stress and manage stress for better productivity.
- To improve their quality of thinking and the power of visualization.
- To define their inner vision and set their goals for a better work atmosphere.









## **COURSE BENEFITS**

The course will enable the participants to understand various facets of Leadership including Leadership strategies, power of visualization, Positive mental attitude and stress management

The course uses practical and current examples from respective domains to relate to the organizational problems, which will help the participants to apply the learnings in day-to-day work scenarios

The course uses strategies and techniques to the extent that is required for making impactful decision using the situations given to them. It focuses more on deriving professional benefits and improving oneself for betterment.







## COURSE DELIVERY APPROACH

Leaders Choice Training is a practical result-oriented training which requires a lot of interaction between participants and trainers. Our Learner centric approach in a workshop mode with several activities helps the learner's to improve meet the and learning objectives.



#### DELIVERABLES

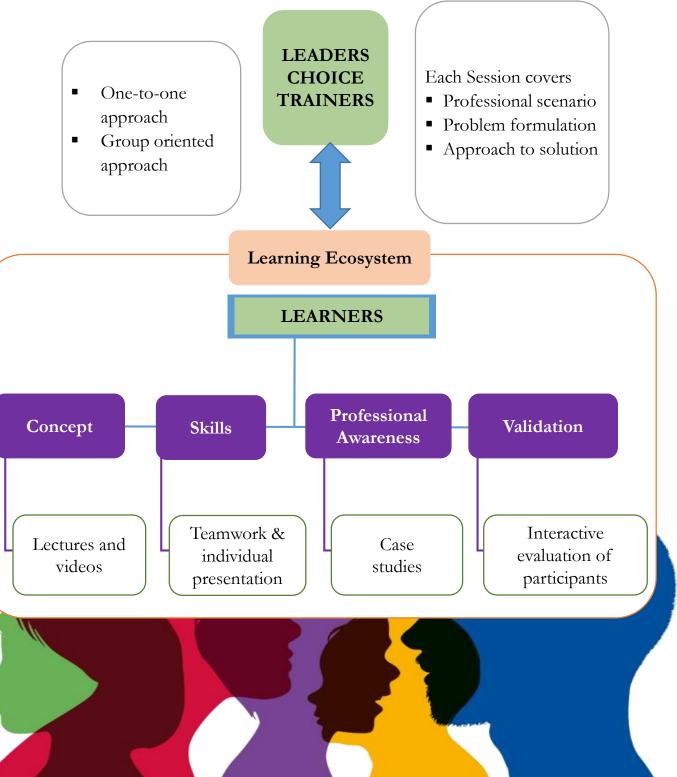
- Course module
- Activity worksheets
- Case scenarios
- Leaders Choice Certificate

MODE OF DELIVERY Online / Offline





## LEARNER CENTRIC APPROACH





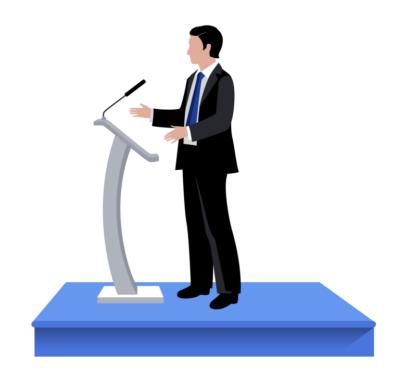


## TABLE OF CONTENTS

MODULE 1 (Mandatory)

## Leaders Choice Module

Power of Visualization A Clear thought New Generation Leaders Stress busters Team Work



## MODULE 2

Customized to the Client's need

## MODULE 3

Customized to the Client's need





## VALUE PROPOSITION AND KEY DIFFERENTIATORS







#### ENGAGEMENT FEE

Engagement fee will be INR 60,000/- for One day workshop

Batch size maximum 40 Participants

Engagement fee will include the course designing, training delivery, training material, etc.

Engagement fee does not include applicable taxes, domestic travel tickets (in case the training delivery location is outside Tiruchirappalli), hotel accommodation and food expenses for trainers and support staff (in case the training delivery is offline and location is outside Tiruchirappalli), which will be charged at actuals

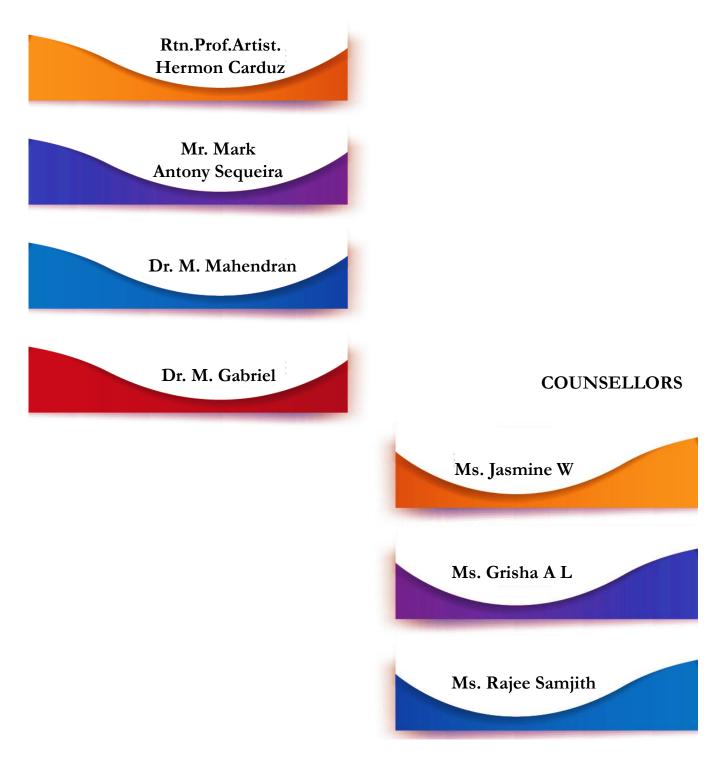
## LEADERS CHOICE SOFT SKILL TRAINING TEAM







#### TRAINERS







## Rtn. Prof. Artist. HERMON CARDUZ (Director-Training & Development)



**EDUCATION** M.A.(Eng.)., M.A.(French), M.B.A.

- Guinness Record- "Worlds Largest Body Language Training"
- Master Trainer Tamil Nadu Police
   Wellbeing
- Inspirational Artist
- Museum & Art Gallery Architect
- Foreign Language Trainer
- Art Wellness Trainer
- Educational Consultant
- Leadership Coach
- International Master of Ceremony

The Founder and the Chief Visionary officer of the Leaders Choice Group. He is an inspiring Rotarian. He is a powerful public speaker. He has delivered more than 200 splendid speeches inspiring thousands in the past 25 years. He is a blessed speaker with a powerful energy of inspiration which transforms the people around him to be great powerful leaders. His lectures and workshops in various Universities, Colleges, Forums, Schools and Corporates has encouraged and inspired his learners to move forward in life with a better vision.

He is one in a generation of a Communicator. His lectures, master of ceremonies and sports commentary is appreciated by thousands around the globe. He is a self-taught artist and the director of Leaders Choice Art Gallery in Tiruchirappalli. He has conducted several Art exhibitions and Art Meditations. He was awarded the "Inspirational artist of the year" in 2018. His art works are radiantly filled with energy and they chiefly portray universal human values . He draws inspiration for his paintings from his spiritual prayers, his family and from his students. The energy and positivity emanating from his paintings make them more distinct.





## Mr. MARK ANTONY SEQUEIRA



**EDUCATION** M.A., MBA., M.Phil., LLB., BEC Certified (Cambridge University)

#### **SPECIALITIES**

- High Impact Leadership
- Change, Transition & Transformation
- Corporate Brand Building
- Culture, Worldwide Inclusion & Diversity
- Zen Wisdom & Kaizen Techniques for Organizational Effectiveness
- Selling Strategies
- Employability Skills Enhancement

Mr. Mark Antony Sequeira is an Educator, Author, Speaker, Management Consultant & Advisor, Corporate Trainer, Zen Mentor and Executive Coach. As Principal Consultant & CEO of Maestro Human Resources Pvt. Ltd., Mr. Sequeira, has over the past 20 years, emerged as a leading internationally sought-after Management Mentor & Advisor who has wildly impacted and significantly improved the lives and careers of more than 25000 Leaders. Entrepreneurs, Educators. Managers, Sales, HR, & Software professionals across the business world.

He is also a great influencer in bridging the skills gap between 'eligibility employability' for the student and community, having widely spoken and mentored on his co-authored books on Personal skills, Social skills, Employability prescribed practiced skills, and at management, engineering & arts colleges in India.

#### **TOP SKILLS**

- High Impact Leadership
- OD & Change Management
- Corporate Brand Building
- Mentoring & Coaching
- Business Strategy &
   Implementation





#### Dr. M. MAHENDRAN



EDUCATION M.Sc., M.S.W., SLET, NET, PhD(HRM)

- 26 years of teaching experience
- 20 years of training experience
- Placement Network with more than 1000 companies
- National level HR Trainer
- Trained more than one lakh learners
- Delivered more than 200 special lectures nationwide
- Published several articles of national & international repute
- Recipient of "Brevity achievement award"

He has 26 years of Teaching experience in various capacities of HoD and Director(T&P) in reputed colleges and Universities. He has a wider contact and network with corporates, MNCs and various industries. He is a national level HR Trainer, so far he has trained more than one lakh people to his credit from various settings like educational institutions, corporates, MNCs and industries for the past 20 years. The knowledge, competence and experience gained from various educational institutions and MNCs have made him as an effective leader in guiding the efficient team in the department to mold and shape the student community to meet out the expectations of employers. He is awarded with a national award "RAJA VIDHYA" from Brevity's Achievements Awards Committee, Bangalore IBC India Advisory Board for his and field of soft contributions in the and behavioral skills training





#### DR. M. GABRIEL



EDUCATION M.A., MHRM, MSW, PGDDG&C, M.Phil., Ph.D.

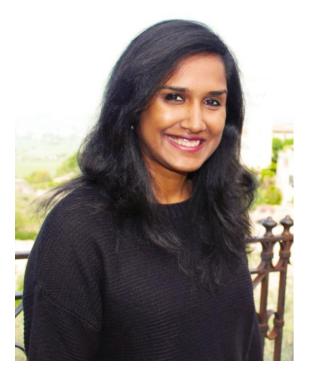
- An Educational consultant with more than 21 years teaching experience
- Renowned Social worker of India
- Published 28 National & 27 International articles
- Master Trainer Tamil Nadu Police Wellbeing
- Member of various Academic Bodies

He has 24 years of experience offering outstanding service to diverse clients, with a lifelong passion for holistic human development. He is a high energetic, innovative, enthusiastic person, known for interactive dynamic training style that encourages participation. He is a patient listener, counsellor, highly organized and friendly professional, able establish long-term, positive to relationships with clients. He is multitalented, resourceful and detail-oriented skilled problem-solver. He is a confident concise and communicator. His presentations are with clarity and humor to diverse audiences. He is committed in handling interactive sessions with all age groups to work collaboratively to resolve problems, and to motivate them to achieve personal, behavioral and organizational change. He is an independent and selfmotivated professional with excellent research and writing skills. He has initiated numerous courses, training workshops on social work in various institutions. He is independent and self-motivated an professional with excellent research and writing skills. He is able to establish a positive relationships with clients and colleagues at all organizational levels.





## Ms. JASMINE W (Counselling Psychologist Cum Therapist)



**EDUCATION** M.Sc. Counselling Psychology, M.Sc. Applied Psychology, MBA, Ph.D.

Addressed various reputed educational institutions and corporate companies in varied capacities such as Work life balance, Capacity Building, Personality Development, Self-Esteem, Marriage, Child Development, Sex Education, Abuse, Drugs & Alcoholism, and other life Skills. Trained Police Inspectors on Stress Management. Organized trainings, workshops and seminars on varied capacities. Also worked for the benefit of differently abled and minority groups to enable them on numerous capacities like sports, games, technical skills, soft skills, career advancement programs etc. with the help of organizations namely Karna Vidya Foundation, Poornodhaya Trust, Tiruchirappalli District Differently Abled Welfare Office, Help The Blind Foundation, HEPSN, All India Confederation for the Blind (AICB), Christoffel-Blindenmission (CBM) etc. Master of Ceremony and took active part in organizing events, workshops, courses and seminars.

#### COMPETENCIES

- Strong theoretical orientation with ability to establish a good therapeutic alliance and select appropriate treatment plan from an array of varied interventions with individuals and systems
- Good analytical and critical reasoning skills with knowledge in assessment methods and diagnosis
- Awareness of the ethical guidelines and potentially conflicting principles, beliefs and Ideologies
- Non-judgmental attitude and sensitivity towards individual concern(s).





## Ms. GRISHA A L (Counselling Psychologist Cum Therapist)



#### **EDUCATION**

M.Sc. Clinical Psychology , M.A.(Eng.), M.Phil.(Eng.), Ph.D. P.G.D(Counselling & Psychotherapy),

- Founder of NEYAGAM
- Recipient of numerous World Records
- Certified Life Skill coach
- Effective Trainer
- Counselling Psychotherapist
- Certified IIPR Art Therapist
- Art Therapy curriculum designer

She is certified as Life Coach and with five years of experience. She has a sound knowledge and understanding of needed traits for individual's success and a strong ability to train them in improving those characteristics. She has extensive experience with making presentations, giving assessments and identifying soft skills training needs.

She is the founder of the holistic well-being named center NEYAGAM to provide counseling and life coach training. World Record Holder -World Records, Asian Records Elite Indian Records Academy, Academy, Tamilian Book of Records. She has a strong knowledge of soft skills affecting functioning the overall of various industries. She has excellent evaluative, assessment and training skills In-depth knowledge of Emotional Well-Being of the community. She has good understanding of individual and community psychology principles. She has excellent ability to help the students and teachers to improve upon skills





#### Ms. RAJEE SAMJITH



#### EDUCATION

M.Sc. Applied Psychology, P.G.D(Counselling & Psychotherapy), Diploma in NLP

- 22 years of Teaching Experience
- Counselling Psychotherapist
- Vice- Principal of St. Jude's Public School, Kotagiri
- Recipient of Numerous World
   Records on Life Skills
- ABNLP Certified NLP Practitioner
- ICF Certified Life Coach / EI Coach
- Member in Psychotherapy & Counselling (CPC)

She is educator an bv profession, a psychologist by passion, a humanitarian by life experiences, a mother in heart, a foodie by taste & skills, a woman proud to be one. She is a person who believes in loving understanding and respecting self, because that reflects on all her relationships, her goals, her career and her contribution to the society at large. RAJEE is a woman in short contributing the best to her EXISTENCE.

She is a World Record holder for the Largest Webinar Marathon in Life Skills by team of 29 for 55 hours & 55 minutes. She is an active member in the Council of Psychotherapy & Counselling(CPC). She started in slow pace as a student counsellor, professionally selfequipped with the detailed study, practicing counselling & catering to the public as a social service, satisfactory contribution given during Pandemic time over telephonic Counselling, an active You tuber on Motivational talk. She shares her skills at Anugraha Institute of Social Sciences as a visiting Psychotherapist.

## For Further Details Contact

#### LEADERS CHOICE WELLNESS TRAINING & DEVELOPMENT

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